



To the sleepless, night is long; to the weary, the league; to the ignorant the cycle of existence.

60. *Dīghā jāgaratō ratti
dīghaṃ santassa yōjanaṃ
dīghō bālānaṃ saṃsārō
saddhammaṃ avijānataṃ. (5.1)*

Long is the night for the sleepless,
long the league for the weary one,
saṃsāra's way is long for fools
who know not Dhamma True.